

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
JULY 14, 2016
MINUTES**

**APPROVED
8/11/16**

COMMISSIONERS

Michelle Ann Bholat, M.D., M.P.H., Chairperson*
Patrick Dowling, M.D., M.P.H., Vice-Chair*
Jean G. Champommier, Ph.D.*
Crystal D. Crawford, J.D.**
Arnold Steinberg, M.B.A.**

DEPARTMENT OF PUBLIC HEALTH REPRESENTATIVE

Dr. Jeffrey Gunzenhauser, Interim Medical Director**

Sara S. Guizar, Secretary*
Public Health Commission

PUBLIC HEALTH COMMISSION ADVISORS

Cynthia Harding, Interim Director**
Carrie Brumfield, Chief of Staff*

***Present **Excused ***Absent**

TOPIC	DISCUSSION/FINDINGS	RECOMMENDATION/ACTION/ FOLLOW-UP
<u>I. Call to Order</u>	<i>The meeting was called to order at approximately 10:35 a.m. by Chairperson Bholat, at the Central Public Health Center.</i>	<i>Information only.</i>
<u>II. Announcements and Introductions</u>	<i>Introduction of Commissioners and guests were conducted.</i>	<i>Information only.</i>
<u>III. Approval of Minutes</u>	MOTION: APPROVAL OF MINUTES FOR JUNE 9, 2016.	<i>Commissioner Dowling entertained a motion to approve the meeting minutes for (June 9, 2016). The motion was seconded by Commissioner Champommier, all in favor.</i>
<u>IV. Public Health Report</u>	<p><i>Carrie Brumfield, Chief of Staff Department of Public Health (DPH), provided the Commission with the Public Health Report and discussed PH activities.</i></p> <p>The Need for a Public Health Approach to Marijuana Policy/Marijuana Taxation</p> <p>Ms. Brumfield provided the Commission with information on the Substance Abuse Prevention and Control (SAPC's) report on the Approach to Marijuana Policy and Taxation:</p>	

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	<ul style="list-style-type: none"> • California’s voting initiative to legalize the use of recreational marijuana will take place in November 2016 <ul style="list-style-type: none"> ○ Adult Use of Marijuana Act (AUMA) • Strategic tax policies <ul style="list-style-type: none"> ○ Support goals to minimize the cost of marijuana use and abuse in communities ○ Increase marijuana and other substance abuse education, prevention, and treatment ○ Raise funds to address homelessness and other issues associated with substance abuse <p>Commission Chair Bholat informed the Commission about a research team at the University of California San Diego (UCSD) on the use of medical marijuana. She asked if DPH had any communication or collaboration with UCSD’s research team.</p> <p>Invasive Meningococcal Disease (IMD) in Los Angeles County (LAC)</p> <p>Ms. Brumfield informed the Commission with news regarding IMD in LAC. She stated DPH released a public health alert on an IMD outbreak in LAC:</p> <ul style="list-style-type: none"> • Seven (7) IMD cases among MSM in LAC • DPH was directed by the Board to work with DHS <ul style="list-style-type: none"> ○ Report back to the Board on a plan • DPH continues to work closely with CDPH, CDC, and health departments to promote education and awareness <ul style="list-style-type: none"> ○ Increase the ease and availability of vaccination <p>Commission Chair Bholat asked DPH if the IMD vaccine would be available to anyone.</p> <p>Ms. Brumfield stated the focus is on the MSM population. She stated people are also referred to DHS clinics offering the IMD vaccination.</p> <p>Vice Chair Dowling asked DPH if anyone from the public would be able to walk into the DHS clinics for vaccinations.</p>	

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	<p>Update on DPH Oversight of Court-Ordered Interior Cleaning of Homes in Porter Ranch</p> <p>Update on the court-ordered progress of the interior cleaning of homes in Porter Ranch – (DPH’s efforts):</p> <ul style="list-style-type: none"> • DPH continues to work closely with Southern California Gas Company • Oversight of cleanings provided by DPH <ul style="list-style-type: none"> ○ Field observations by trained Environmental Health (EH) staff ○ Review of cleaning deficiencies reported by residents ○ Expert review of field practices <p>Los Angeles County Tuberculosis Data 2015</p> <p>Summary report on tuberculosis (TB) cases from 2015 in LAC:</p> <ul style="list-style-type: none"> • 606 new TB cases were reported in LAC • 80% of TB cases are among individuals born outside the United States <ul style="list-style-type: none"> ○ 1% of TB cases among children ages 0 to 4 years ○ 32% of TB cases among older adults 65+ ○ 7% of TB cases among the homeless <p>Commission Chair Bholat asked about the requirements for TB testing.</p> <p>Trauma Prevention Initiative Spending Plan</p> <p>DPH and DHS were directed by the Board to develop/implement a Trauma prevention initiative in regions of the County that experience a disproportionate high incidence of trauma:</p> <ul style="list-style-type: none"> • Report back to the Board on a proposed spending plan • Hire community intervention staff to assist gang-involved and at-risk youth • Initiative plan prioritizing efforts in South Los Angeles <ul style="list-style-type: none"> ○ Highest burden of violence-related trauma visits, injuries, and deaths • Expansion of the Parks After Dark (PAD) program in eight (8) other parks across the County <ul style="list-style-type: none"> ○ Total of 21 parks with PAD programming by end of 2016 	

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	<p>Commissioner Champommier expressed his concern about parks on the Eastside of Los Angeles, and the safety of staff as well.</p> <p>Water Quality Monitoring of Small Water Systems</p> <p>DPH was directed by the Board to provide quarterly reports on its water quality monitoring of public water systems:</p> <ul style="list-style-type: none"> • Summarize water quality findings in public water systems throughout the LAC (Outline actions taken by EH) <p>Commission Chair Bholat asked about DPH’s timeline for bacteriological analyses violations in the public water systems.</p> <p>Food Facility Grading System</p> <p>Ms. Brumfield informed the Commission about a new draft grading card with an area for inspectors to date and initial. She stated that the new grading card will be displayed in January 2016.</p> <p>Multi-Departmental Medi-Cal Outreach and Enrollment Grant</p> <p>DPH Maternal Child and Adolescent Health (MCAH) Programs is the lead Division:</p> <ul style="list-style-type: none"> • Conduct outreach and enroll residents newly eligible for Medi-Cal • Reach and assist specific hard-to-reach uninsured populations <p>Ms. Brumfield stated DPH works with several County departments to provide updates on the implementation of the multi-Departmental Medi-Cal Outreach Grant.</p> <p>Commission Chair Bholat asked for a clarification on the funds awarded, and the total target numbers for Redetermination Assistance.</p> <p>Commission Chair Bholat thanked Ms. Brumfield for her presentation.</p>	

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<p><u>V.</u> <u>Presentation: Opioid Misuse and Abuse – CDC Guidelines, and Safe Med LA</u></p>	<p>Gary Tsai, Medical Director and Science Officer of Substance Abuse Prevention and Control (SAPC) Program, provided the Commission with an update on Opioid Misuse and Abuse.</p> <p>Dr. Tsai thanked the commission for the opportunity to present on the following topics:</p> <ul style="list-style-type: none"> • Opioid Epidemic – Framing the Issue • Centers for Disease Control and Prevention (CDC) Guidelines • Introduction to Safe Med LA – Countywide Prescription Drug Abuse Coalition <p>OPIOID – FRAMING THE ISSUE (SCOPE OF THE OPIOID EPIDEMIC)</p> <p>Opioid Use on a Global Scale:</p> <ul style="list-style-type: none"> ○ World Population - 5% comprised by the United States globally ○ Global Opioids - 80% of Opioid use in the U.S. ○ Hydrocodone - 99% use in the U.S. <p>Prescription Drugs – Driving the National Drug Overdose Epidemic:</p> <ul style="list-style-type: none"> • Drug overdose deaths, motor vehicle injury, and firearm injury deaths <p>Dr. Tsai stated that the large contributing reason for motor vehicle and firearm injury deaths is prescription drug abuse.</p> <p>ED Visits and Hospitalizations in Los Angeles County (LAC), 2005-2014:</p> <ul style="list-style-type: none"> • Rx Opioid and Heroin-related <p>Dr. Tsai stated there has been an increase in opioid and heroin-related Emergency Department (ED) visits and hospitalizations related to these substances. He stated DPH monitors these closely.</p> <p>Opioid Related Deaths in LAC:</p> <ul style="list-style-type: none"> • 2006 – 469, 2008 – 424, 2010 - 360 <p>Opioid Related Deaths - Most common in other parts of the Country:</p> <ul style="list-style-type: none"> • East Coast and in the South 	

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	<p>Rate of ED Visits by Race and Gender in LAC:</p> <ul style="list-style-type: none"> • Rx Opioid-related – higher rates of opioid related ED visits <ul style="list-style-type: none"> ○ White men and women/Black men and women • Heroin-related – higher rates of Heroin related ED visits than other ethnic groups – (White men and women) <p>Prescriptions Filled in LAC – Filled prescriptions in LAC have not changed since 2012:</p> <ul style="list-style-type: none"> • Opioids/Sedatives <ul style="list-style-type: none"> ○ Opioids comprise the majority of prescriptions in LAC • Oxycodone <ul style="list-style-type: none"> ○ Primary opioid prescribed in other areas of the Country <p>Dr. Tsai stated that 25% of LAC prescribers wrote 91% of opioid prescriptions.</p> <p>CDC GUIDELINES FOR PRESCRIBING OPIOIDS FOR CHRONIC PAIN</p> <p>Centers for Disease Control and Prevention:</p> <ul style="list-style-type: none"> • Provides recommendations about the appropriate prescribing of opioid pain relievers and other treatment options to improve pain management and patient safety <p>Goals of CDC Opioid Guidelines – Key Goals:</p> <ul style="list-style-type: none"> • Improve communication between providers and patients about the risks and benefits of opioid therapy for chronic pain • Improve the safety and effectiveness of pain treatment, and reduce the risks associated with long-term opioid therapy <ul style="list-style-type: none"> ○ Exceptions to guidelines <ul style="list-style-type: none"> - Guidelines do not pertain to patients in Active Cancer Treatment, Palliative Care, and End-of-Life Care <p>Recommendations of CDC Guidelines:</p> <ul style="list-style-type: none"> • First-line treatment for chronic pain (use non-opioid alternatives) • Establish and measure goals for pain and functioning • Discuss with patients the benefits, risks, and the availability of non-opioid alternatives 	

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	<ul style="list-style-type: none"> • Use immediate-release opioids, as opposed to long-acting opioids • Prescribe the lowest effective dose and increase dose cautiously <p>SAFE MED LA</p> <p>Safe Med LA - A broad public/private cross-sector coalition that is taking a coordinated and multi-pronged approach to comprehensively address prescription drug abuse in LAC:</p> <ul style="list-style-type: none"> • Core Rationale <ul style="list-style-type: none"> ○ Organize and coordinate various concurrent projects that involve prescription drug abuse into a unified effort <ul style="list-style-type: none"> - LAC Prescription Drug Abuse Medical Task Force - LA Overdose Prevention Task Force - DHS Pain Management Workgroup - Safe Drug Drop-Off Boxes at 21 LASD Stations in LAC ○ Blanket approach - Address complex problems along the full continuum of interventions <p>Coalition Members:</p> <ul style="list-style-type: none"> • Cross-sector, public-private representation <ul style="list-style-type: none"> ○ County Departments (DHS, DMH, DPH, DPW, Sheriff's etc.) ○ Health Plans (LA Care, Health Net, Kaiser Permanente, etc.) ○ Healthcare Organizations (Community Clinic Association of LAC, LAC Medical Association, Hospital Association of LAC, LA Dental Society, Health Services Advisory Group, etc.) ○ Health Providers (LAC DHS, UCLA Health System, KP, HealthCare Partners, LA LGBT Center, Exer Urgent Care, etc.) ○ Behavioral Health Providers (Tarzana Treatment Centers, Behavioral Health Services, Prototypes, JWCH Institute, etc.) ○ Others (Pharmacist Associations, City of Long Beach, City of Pasadena, etc.) <p>Save Med LA – Strategic Plan Guiding Efforts:</p> <ul style="list-style-type: none"> • Five-year strategic plan guides - The work of Safe Med LA <ul style="list-style-type: none"> ○ Overall goal - Decrease prescription drug abuse deaths in LAC by 20% 	

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	<ul style="list-style-type: none"> ○ 9-6-10 Approach - 9 Action Teams, 6 priority areas, 10 key objectives <p>Save Med LA Coalition Action Teams - (Focus on Safe Prescribing):</p> <ul style="list-style-type: none"> • Safe prescribing Pharmacy practice action team/Medical Practice • Medication-Assisted addiction treatment <ul style="list-style-type: none"> ○ Ensure access to other drugs ○ Safe drug disposal - (Offered thru Sheriff's stations) • Law enforcement action team – Enforce/ensure access to Naloxone <ul style="list-style-type: none"> ○ Opioid overdose prevention medication • CURE action team (California prescription drug monitoring) <ul style="list-style-type: none"> ○ Ensure prescribers register for CURE • Community education action team <ul style="list-style-type: none"> ○ Outreach to communities through SAPC providers <p>Six (6) Priority Areas:</p> <ol style="list-style-type: none"> I. Education and Training <ul style="list-style-type: none"> ○ Provide community education to increase public awareness of the risks of prescription drug abuse II. Treatment and Overdose Prevention <ul style="list-style-type: none"> ○ Expand access to medication-assisted treatment for individuals addicted to prescription drugs ○ Expand access to naloxone for overdose prevention III. Tracking, Monitoring, and Data Exchange <ul style="list-style-type: none"> ○ Promote increased utilization of the statewide prescription drug monitor program (PDMP) in California IV. Safe Drug Disposal <ul style="list-style-type: none"> ○ Support convenient , safe, and environmentally responsible prescription drug disposal programs in LAC free to the public V. Enforcement <ul style="list-style-type: none"> ○ Collaborate with law enforcement to identify and address improper practices that threaten public health VI. Community Trends and Policy <ul style="list-style-type: none"> ○ Seize opportunities to positively influence policy, at the local as well as State and Federal levels 	

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	<p>Progress and Takeaways from Safe Med LA Thus far – Progress:</p> <ul style="list-style-type: none"> • Implement safe prescribing guidelines at all emergency departments • Expand access to naloxone and medication-assisted treatment • Activate substance use prevention providers to develop strategies to provide community engagement tailored to their unique communities • Progress of safe drug disposal efforts • Engage law enforcement around safe drug disposal and naloxone access for officers <p>Misuse and abuse of opioids is one of the fastest growing public health issues confronting American communities – Summary:</p> <ul style="list-style-type: none"> • The opioid epidemic is a complex, multifaceted, community-wide problem that will require a similarly comprehensive solution • Safe Med LA - A broad, cross-sector coalition of public and private partners who take a multipronged and coordinated approach to address prescription drug abuse in LA County <ul style="list-style-type: none"> ○ 9-6-10 Approach <ul style="list-style-type: none"> - Nine (9) action teams focusing on different aspects of the prescription drug abuse epidemic ○ Key Goal - Reduce prescription drug abuse deaths in LAC by 20% by 2020 <p>Vice Chair Dowling asked about any movement with Suboxone drug.</p> <p>Dr. Tsai stated Suboxone drug is a combination for Buprenorphine and Naloxone. He stated LA Care works with DPH to convene a Buprenorphine waiver training – (training provides physicians the ability to prescribe opioids).</p> <p>Commission Chair Bholat thanked SAPC (Dr. Tsai) for the presentation.</p>	
<u>VI. Adjournment</u>	The meeting adjourned at approximately at 11:35 a.m.	